



THE MANDELA RHODES
FOUNDATION

Friends of The Mandela Rhodes Foundation (USA)

MANDELA RHODES SCHOLAR 2010



SURNAME : **Meintjies**
FIRST NAME : **Cara Johanna**
INSTITUTION : Stellenbosch University
FIELD OF STUDY : MA: International Studies

Cara Meintjies was born in Bellville, Cape Town, on 27 March 1986. She completed her BA Honours degree in International Studies at Stellenbosch University and is pursuing her Masters degree as a Mandela Rhodes Scholar.

Cara is involved in numerous community outreach projects. In 2007 she helped to develop a community project which, she says, opened her eyes to the dire needs of the poor in South Africa, and to the impact a positive attitude and determination can have. From what she has learned she hopes to continue serving, inspiring and leading others who have a passion for community service.

She has also worked for the American Institute for Foreign Study as a facilitator for exchange students' weekend and holiday trips.